



PINEAPPLE CARE

Latest news and bulletin updates

August Newsletter



Congratulations to the new Mr and Mrs. Dennison!

We are thrilled to share some joyful news: our wonderful trainer, Mrs Dennison, was married on 2nd August 2025!

It was a beautiful day, and most of her colleagues were there to celebrate alongside her, sharing in the love, laughter, and unforgettable memories. Mrs Dennison is such a valued part of our team; we couldn't be happier for her as she begins this exciting new chapter.

We are sending our warmest congratulations and best wishes to the new Mrs. Dennison and her husband!



We recently celebrated Lavena's birthday with a surprise party, where the team dressed up as cowgirls to mark the occasion in true Western style! From denim and boots to hats and bandanas, the office was transformed into a mini wild west, filled with laughter and smiles. It was a fun and light-hearted way to show our appreciation and bring some birthday joy to Lavena.



Congratulations to Laura Smith our Reviewing Officer who celebrated 2 years' service last month.



Congratulations to Lisa Clemson, our Trainer, who celebrated 2 years of service on 12th August!

Congratulations also to Naomi Runeckles on her promotion to LD Deputy Manager. Naomi has been with Pineapple since February 2021 and is a highly valued member of our team.

We appreciate your dedication and hard work each day!

- Congratulations to Sapphire Peterside, who has recently been promoted to our Lodge Coordinator at Pineapple Lodge.
- We are excited to welcome two fantastic new members to our team, Talisha Smith has joined us as our Activities Coordinator/Trainer
 - Danielle Gutteridge is our new Office Facilitator

Pineapple Care is excited to announce the opening of a brand-new location for Club Pineapple!

Our new venue at

Headon Hall, Crawford Avenue, Stifford Clays, RM16 2AS, is designed to foster companionship, laughter, and meaningful engagement within our community.

This welcoming space for older adults is perfect for connecting, socialising, and enjoying a variety of fun and stimulating activities. We offer everything from games and gentle exercise to music, crafts, and, of course, lots of tea and conversation—there's truly something for everyone. Our goal is to create a safe and friendly environment where friendships can flourish, and every member feels valued and supported.

If you know someone who might enjoy joining us, please reach out. We would love to hear from you!

Don't forget to check out our attached advert for more details.



**PINEAPPLE CARE
SERVICES LTD**

'Club Pineapple'
Social Inclusion Hub

Pineapple Care Services would like to invite you to 'Club Pineapple'.

EVERY WEDNESDAY 10:30-12:30



Headon Hall,
Crawford Avenue
Stifford Clays
RM16 2AS

Welcome to Club Pineapple, a FREE Social Inclusion Hub based at Headon Hall, Stifford Clays. We are inviting the residents of Thurrock to join us for a chat over a cup of tea and biscuits, games and other organised activities. Whether you want to make new friends or simply enjoy a change of scenery, everyone is welcome. Follow our Facebook (@Pineapple Care Services LTD) for further details and events OR call our office to book your space.

www.pineapple.care CALL US: 01375 808303



**PINEAPPLE CARE
SERVICES LTD**

Dementia Carers Coffee Mornings
Pineapple Care Services would like to invite you to our Dementia Carers coffee mornings

First Wednesday of every month



Anytime between
10am – 12pm
'Club Pineapple'
Headon Hall,
Crawford Avenue,
Stifford Clays
RM16 2AS

Pineapple Care is running a monthly Dementia coffee morning for carers. This is for anyone who is supporting someone with Dementia or has a family member who is living with Dementia. We are offering the opportunity to get together with professionals and peers and discuss any help or advice that can be given. Please follow our Facebook page, Pineapple Care Services LTD for further details and events. We look forward to meeting you all.

Please call our office 01375 808303 or Email: mail@pineapple.care
To book your Free space anytime between 10am – 12pm

We also hold a dementia coffee morning on the first Wednesday of every month. Join us for a friendly coffee morning designed especially for families who have a loved one living with dementia.

Whether you're just starting your journey or have been supporting someone for years, you are not alone. Come along, take a break, and meet others who truly understand. Everyone is welcome, and this is free to attend!

Our LD service users attended a BIG Lunch event during the summer holidays, coming together to enjoy an amazing day out. The event provided a wonderful opportunity for everyone to connect, socialize, and create lasting memories in a fun and inclusive environment.





Join our

Macmillan Coffee Morning

at the 'Club Pineapple'

24 September 2025 | 10: 00 AM - 12:00 PM

Headon Hall, Crawford Avenue, Stifford Clays

RM16 2AS

Welcome to Pineapple Care, a free social inclusion hub where we invite residents in Thurrock to join us for a cup of tea or coffee with biscuits. It's a great opportunity to raise awareness, meet new friends, or change the scenery. Everyone is welcome!

To make it fun, we have a cake-making activity and other enjoyable activities planned during this time. We look forward to seeing you there!

Follow our Facebook (@ Pineapple Care services LTD) for further details and events OR call our office to book your space.

www.pineapple.care

Call us: 01375808303



Big Lunch events

Sunny's Fundraising -17th September 2025

Headon Hall, Crawford Avenue, Stifford Clays, RM16 2AS

Macmillan Coffee Morning – 24 September 2025

Headon Hall, Crawford Avenue, Stifford Clays, RM16 2AS

Dementia Tips

1 Get to know the person • Know their likes and dislikes • Gather life history • Have three points of conversation.

2 Smile! The person with dementia will notice • your emotional state • Your body language • Tone of voice.

3 Slow down • Provide care in a relaxed manner • Enable the person to do things for themselves • Keep it simple and slow-one concept at a time.

4 Introduce yourself • Let the person know who you are • Tell them what you are there for • Obtain their permission to assist with care.

5 Communicate clearly • One point at a time • Make sure glasses and hearing aides are used if needed • Use an interpreter if needed.

6 Step back When the person is aggressive • Leave the area • Reassess and try again later • Try to identify the trigger to the behaviour.

7 Keep it quiet • Stop and listen • Reduce conflicting noises • Avoid crowds and lots of noise.

8 Don't argue • Go with the flow • Acknowledge and respect what the person is saying and doing • Telling them they are wrong may have a negative effect.

9 Engage and encourage • Get the person started with a meaningful activity • Set activities up to succeed • Thank them for assisting you and themselves.

10 Consider safety • Approach safely • Keep a safe distance • Allow yourself an exit.

11 Distract • Talk about their life • Give them something to do • Provide a relaxed environment.

12 Talk with others • What has worked and what hasn't • Talk together about what has happened • Record what you did.

Coloured plates.

Individuals with dementia are more likely to finish their meal when served on a blue, red, or yellow plate. Nursing home residents who were served food on red plates consumed 25 percent more food than the ones served on regular white plates. Dementia patients may fail to properly recognize food on white plates due to difficulties with sight and perception.

Contrasting colours may help sufferers to distinguish between foods.

We invite family members and friends to participate in our virtual Dementia Awareness Training, led by Lisa Dennison. This informative session is designed to help you better understand dementia and support those affected by it. To learn more or to book a virtual training session, please contact our office for further details.



Due to exciting times for Pineapple Care we have a range of opportunities, please contact us on 01375 808 303. Alternatively, please email your CV to

Recruitment@pineapple.care

Thank you as always

Lavena, Nicola & Lisa

& our Pineapple Team

