

PINEAPPLE CARE

NEWSLETTER

SEPTEMBER 2026



A HUGE THANK YOU TO OUR AMAZING CARE STAFF FOR THEIR UNWAVERING DEDICATION AND EXCEPTIONAL SERVICE TO OUR USERS THIS PAST MONTH!

LET'S EXTEND OUR HEARTFELT CONGRATULATIONS TO OUR INTERNAL STAFF MEMBERS ON THEIR WORK ANNIVERSARYS. OUR BRANCH MANAGER LISA EVANS ON 8 YEARS, OUR DEPUTY MANAGER HAYLEY GRAY ON 5 YEARS, QUALITY CONTROL MANAGER NICOLA MANNING ON 2 YEARS, OUR COORDINATOR DOLORES ON 1 YEAR AND TALIA FOREST CELEBRATING 2 YEARS OF WORKING WITH THE INTERNAL TEAM!

Warm Up For Winter



Free advice, cost-of-living support and health information for Thurrock residents

Join us at our free Thurrock Cares Roadshow and meet local organisations offering support

Get help and advice on:

- Money and benefits
- Food and essentials
- Energy and heating
- Health and wellbeing
- Support for older residents and carers

No registration needed. Just turn up!

Learn more about the range of support available this winter at:
thurrock.gov.uk/thurrockcares

To get in touch, email:
Community@thurrock.gov.uk

Tuesday
10 November
1pm to 4pm

The Springhouse Club,
Corringham, SS17 7QT



GET READY FOR WINTER!

AS WE AGE, STAYING WARM DURING WINTER BECOMES INCREASINGLY IMPORTANT, AS COLD WEATHER AND SEASONAL ILLNESSES CAN IMPACT US MORE THAN BEFORE. HOWEVER, THERE ARE SEVERAL STEPS YOU CAN TAKE TO ENSURE YOU STAY WARM AND HEALTHY WHILE PREPARING YOURSELF AND YOUR HOME FOR THE COLDER MONTHS.

TO ALL OUR AMAZING STAFF, PLEASE MAKE SURE TO INFORM US IF ANY OF OUR SERVICE USERS REQUIRE EXTRA ASSISTANCE WITH HEATING, FOOD, OR CLOTHING DURING THE WINTER SEASON.

OUR TOP 5 TIPS FOR STAYING WARM THIS WINTER:

-  **KEEP MOVING**
-  **EAT WELL**
-  **GET YOUR WINTER VACCINATIONS**
-  **TRY TO MAINTAIN A WARM HOME**
-  **DRESS WARMLY**

A CAUSE CLOSE TO OUR HEARTS

SUPPORTING NICOLA FORD'S FAMILY

ONE OF OUR STAFF MEMBERS, NICOLA FORD, HAS A TWO-YEAR-OLD GRANDSON WHO IS CURRENTLY UNDERGOING TREATMENT FOR CANCER AT GREAT ORMOND STREET HOSPITAL. HE IS AWAITING A BONE MARROW TRANSPLANT AND WILL NEED TO STAY IN THE HOSPITAL FOR 100 DAYS. UNFORTUNATELY, THE HOSPITAL DOES NOT HAVE ACCOMMODATIONS FOR HIS PARENTS, SO THEY ARE CURRENTLY RENTING AN AIRBNB NEARBY, WHICH COSTS THEM £1,000 PER WEEK.

THIS IS AN INCREDIBLY CHALLENGING AND UNCERTAIN TIME FOR THE FAMILY, AND WE WOULD LIKE TO UNITE AS A COMMUNITY AND FRIENDS TO PROVIDE BOTH PRACTICAL AND FINANCIAL SUPPORT. ANY CONTRIBUTION, NO MATTER HOW SMALL, WILL HELP ALLEVIATE SOME OF THE FINANCIAL BURDENS THEY ARE FACING, ALLOWING THE FAMILY TO FOCUS ON WHAT TRULY MATTERS—BEING TOGETHER AND SUPPORTING THEIR SON.

YOU CAN FIND THE JUSTGIVING LINK BELOW:

[SUPPORT LENNOX]([HTTPS://WWW.JUSTGIVING.COM/CROWDFUNDING/SUPPORTING-LENNOX?UTM_MEDIUM=CF&UTM_SOURCE=CL](https://www.justgiving.com/crowdfunding/supporting-lennox?utm_medium=cf&utm_source=cl))

IF YOU ARE UNABLE TO DONATE, SHARING THIS PAGE OR SIMPLY KEEPING THE FAMILY IN YOUR THOUGHTS WOULD MEAN A GREAT DEAL TO HER.

THANK YOU FOR YOUR KINDNESS, GENEROSITY, AND SUPPORT.



ACORN HUB X PINEAPPLE CARE PRESENTS OUR ANNUAL CHRISTMAS PARTY

16TH DECEMBER
HEADON HALL, CRAWFORD AVENUE
STIFFORD CLAYS
RM162AS

10:00AM-2:00PM

BLAKE HALL CHRISTMAS FAIR 🎄

HEAD DOWN TO BLAKE HALL FOR AN EXCITING EVENING FILLED WITH FESTIVE CHEER, UNIQUE GIFTS, LOVELY CRAFTS, AND DELICIOUS FOOD. WARM UP WITH HOT DRINKS OR MULLED WINE, AND ENJOY BROWSING OUR WONDERFUL ARRAY OF STALLS.

EVENT DETAILS

- WHEN: THURSDAY 19TH NOVEMBER 2026, FROM 4:00 PM TO 9:00 PM
- WHERE: BLAKE HALL WEDDINGS, BOBBINGWORTH, ONGAR, ESSEX CM5 0DG
- WHAT TO EXPECT: LOCAL ARTISAN STALLS, FESTIVE TREATS, HOT DRINKS, MULLED WINE, AND PLENTY OF CHRISTMAS INSPIRATION.
- NO NEED TO REGISTER AND ENTRY IS FREE. EVERYONE WELCOME!



HIGHLIGHTS OF THE MONTH:



PINEAPPLE LEARNING DISABILITIES
GROUP
HEADON HALL
EVERY FRIDAY
9AM-12PM

FREE OF CHARGE
A GROUP FOR CHILDREN AND ADULTS
WITH LEARNING
DISABILITIES TO COME WITH THEIR
FAMILIES OR CARERS FOR ADVICE
AND SUPPORT



PINEAPPLE CLUB
HEADON HALL
EVERY WEDNESDAY
10:30-12:30
FREE OF CHARGE
A SOCIAL INCLUSION
HUB FOR THE
ELDERLY.

TENANT EXCHANGE
TENANTEXCHANGE.CO.UK

USEFUL WEBSITES:

THURROCKANDBRENTWOODMIND.ORG.UK



THURROCK.FOODBANK.ORG.UK



WWW.ICOLLECTCLOTHES.CO.UK



PINEAPPLE QUOTE OF THE MONTH:
“ THE SIMPLE ACT OF CARING IS HEROIC ”

AS ALWAYS WITH THANKS FROM LAVENA,
NICOLA AND LISA